



# Balmoral Bugle

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November 2021

## Dates To Remember:

- Nov. 3 - Early Dismissal
- Nov. 3 - Bookmobile
- Nov. 5 - Hot Lunch
- Nov. 11- Remembrance Day- No School
- Nov. 12- No School Inservice
- Nov. 15 - Picture Retake Day
- Nov. 17- Virtual PAC Meeting 6:30 Bring a Buddy!
- Nov. 24- Bookmobile

## Looking Ahead

- Dec. 1 - Early Dismissal
- Dec. 9/10 - Report Cards go home
- Dec. 22 Last Day of School.
- Dec. 23 - Jan. 05 - Winter Break
- Jan. 06 -Classes Resume Day 5
- Jan. 12 - Early Dismissal

## Principal's Message:

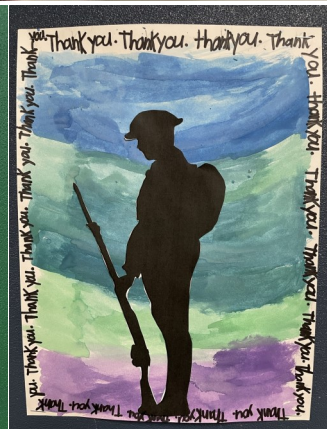
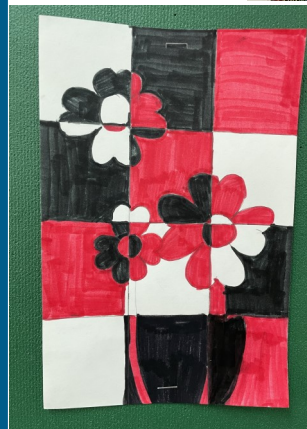
### Happy November!

November is an exciting month for Balmoral School. The staff and students are celebrating "November Numbers." Classrooms are engaging in numeracy activities throughout the month to celebrate a love of math, numeracy and numbers.

Cross-country running and middle years volleyball have been great to see back at the school. We look forward to great sport competitions and the chance to be active.

We hope that families are staying safe and well. Thanks for continuing to self-screen and for calling the school or Health Links with questions.

Thanks,  
Mark Lawson



## Progress Conversations

Thank you to all the parents for logging into Teams or having a telephone conversation about your child's progress.

## FIVE WAYS TO IMPROVE YOUR MOOD

November can be a tricky month; the days are noticeably shorter and the temperatures are getting colder. When we have these seasonal changes, we may notice a change in our mood. Here are five easy ways to improve your mood that are simple yet very rewarding.

1. **Give something back.** You might not feel your best right now, but it has been proven that moods can improve with random acts of kindness: helping someone with a chore, presenting a friend with a small gift or writing that note of appreciation you have been meaning to send.
2. **Get moving.** Whether it is taking a walk around your neighbourhood, dancing to your favourite tunes, or raking leaves or shoveling snow, exercising improves your physical and mental well-being.
3. **Remove that frown.** Read a funny book or do something that feels silly; a smile can improve your mood, confidence and the way others see you.
4. **Stay positive.** Instead of dwelling on what is wrong, or what you feel is wrong, get into the habit of positive self-talk. Remember, the way you think affects the way you feel.
5. **Give yourself some credit.** List your achievements on a piece of paper, and then take some time to be proud of what you have accomplished.

The best option when all else fails? Talk to someone. Whether it is a parent, friend, or older sibling, contact with other people gives you a chance to talk through what is bothering you and lighten your mood.

## Bus Evacuation

On October 21, 2021 the students were involved in a bus evacuation drill.

This procedure is performed twice a year to teach students the proper way to evacuate in case of an emergency situation.



October in Kindergarten has been busy! Time really does fly when you are having fun and learning a lot along the way!

We have been working hard this month in our printing books and working on writing letters starting at the top. While some of the letters can be tricky, our whole class works very hard to do their best! We started some fun fall and Halloween themed literacy and math centres. We practice writing letters, and matching letters and the sounds they make as well as rhyming during our literacy centres. In math we practice making patterns, counting, numeral recognition and quantities. Our class favourite seems to be the pumpkin ten frames.

This month we made feeling pumpkins to explore different emotions. We used shapes to create the face of our pumpkin and wrote about how that pumpkin was feeling.

We look forward to learning about Remembrance Day in November. Another activity to look forward to is learning about bucket filling as we try to fill our kindergarten friends' buckets.



John making an  
AAB pattern



Austin at pumpkin ten frames



Miller at literacy puzzles



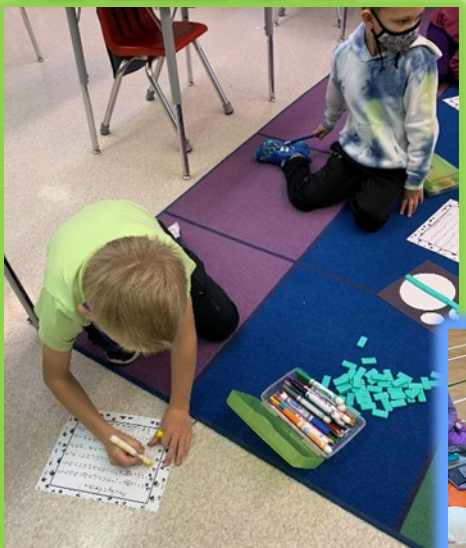
Happy Halloween



Learning about bus safety



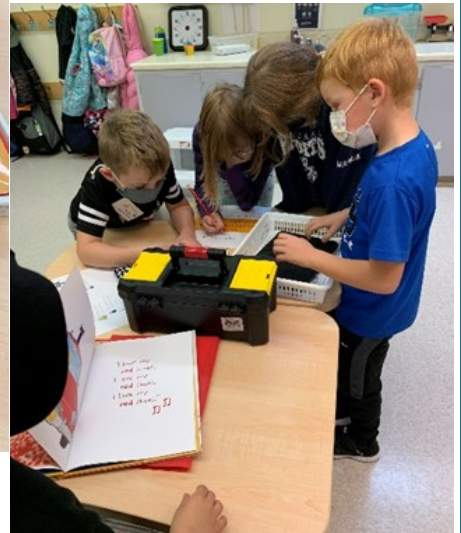
A is for alligator...B is for bear... C is for cat... and D is for dog! The Grade 1/2 class is continuing to work on our ABCs of animals. The students were surprised to find that a whole bunch of bears had taken over their classroom. We used the bears to sort them into groups such as bears with bow ties and without bow ties, real bears and pretend bears, and white bears and bears that are not white. It was so much fun picking one bear to work with and then putting those bears in order from largest to smallest. The students also measured the length of some paper bear paws using digis. We even took the opportunity to have a Teddy Bear picnic in the gym.





The Grade 1/2 class had a few special visitors as part of our cat study. Mrs. Tervoort (a retired Balmoral School teacher) came to our room and did a Pete the Cat Breakout Box with the students. In a Breakout Box activity, students work together and think critically to “break into” locked boxes. They must solve challenging puzzles and follow directions carefully to solve their clues. Students get to practice their problem-solving skills and must persevere in order to succeed. I’m glad to report that all four groups were able to open their locked boxes. Way to go!

Mr. Buchan also stopped by the classroom and brought our two kittens, Bandit and Pine, for a visit.





**Mrs. Buchan's Grade 1/2 classroom lock boxes continued**



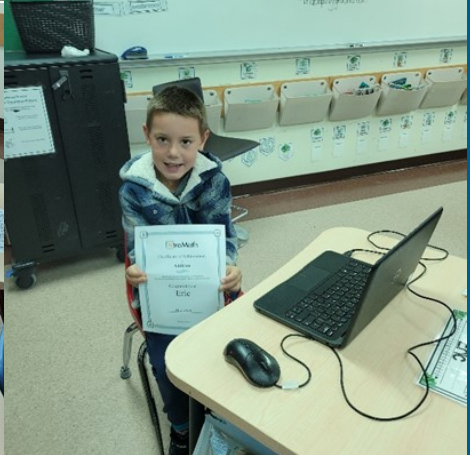
On October 21, 2021 the entire school participated in a bus evacuation drill. This drill reminds students what to do in case of an emergency.





### Mrs. Hyde's Grade 2/3 classroom

October was a busy month! We are into a routine of Daily 5. The class is working hard improving their reading and writing skills. In math, we practiced representing numbers in different ways, estimation and rounding. We have started learning about the Seven Sacred Teachings in Social Studies. So far we have discussed the Sabe and Eagle.



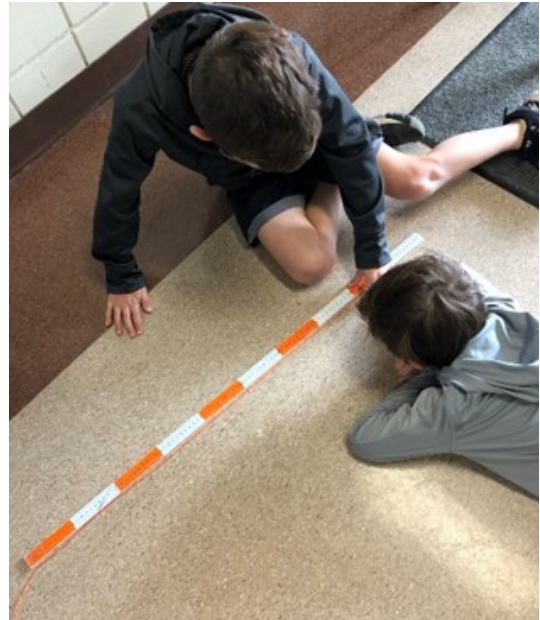


**Ms. Poirier Grade 4/5 classroom**

Our class has been getting into the Halloween spirit by completing activities with the pumpkins that Miss Poirier's  $\frac{3}{4}$  class planted last year! Each pumpkin was unique in shape, colour, and size which lead to great investigations. Students learned about descriptive writing and used their knowledge to describe their group's pumpkin. They also worked on creating their own spooky Halloween stories. In math, students partnered up to calculate different measurements of their pumpkin. They made estimations, comparisons, and worked to measure different length points on their pumpkin as well as its circumference. We ended October by completing a Math Mystery: Case of the Jumpy Jack-O-Lanterns and carved our pumpkins!



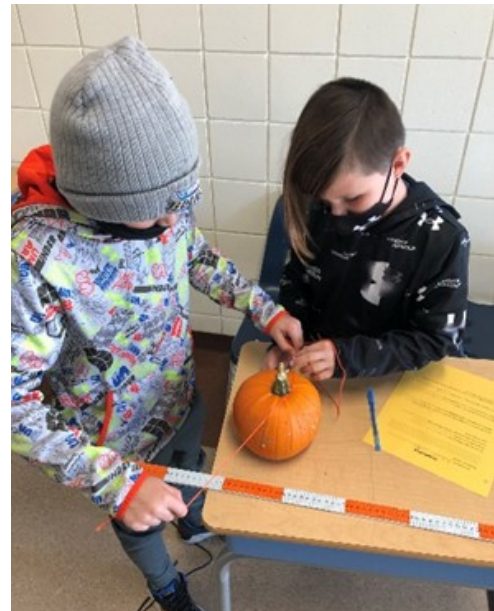
Colton measuring the weight of his pumpkin.



Dom and Ryder R. calculating the circumference of their pumpkin.



Kardyn, Hayden and Brynn measuring the circumference of their pumpkin.



Elliott and Kolby measuring the stem of their pumpkin.



**Ms. Poirier Grade 4/5 classroom-continued**



Max and Braxton carving their pumpkin



Coral, Jaylene, Rhiannon, and Macey carving their pumpkin.

**Our final carved pumpkins!**





Mrs. Wilson's /Mr. Chin's 5/6 classroom

In October we have been working on procedural writing. Before we started carving our pumpkins each student did some procedural writing to explain in detail the steps that are involved in selecting the perfect pumpkin, planning the carving, cleaning out, and finally carving a pumpkin.



Sol, Jackson, Wyatt and Charlie



James, David and Quinn



Hadley, Maci and Allison

Nya, Addison and Ava

Caleb, David, James and Quinn

Charlie, Wyatt, Solomon and Jackson



Matteo, Owen, Sebastian and Malachi



Duncan, Connor, Bronsen and Alexa





**Mr. Chin and Miss. Poirier**

Halloween



Art



Mrs. Kelpin  
The Devil



Staff



Mr. McLean  
Cereal Killer

Mrs. Kachur  
And Miss Poirier  
Milk & Cookies



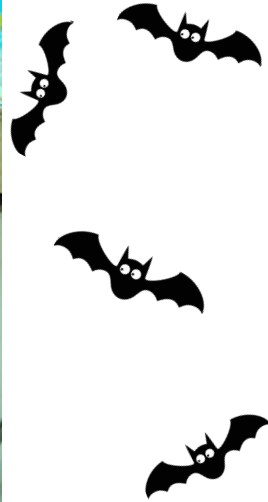


# Staff Halloween



Mrs. Hyde as Miss Frizzle from the Magic School Bus

Mrs. Haynes "The Master Chef"



Mrs. Bruce Maleficent



Mrs. Buchan as a sweet Gingerbread lady





# Classroom Parade Pictures







# Halloween was spooktacular!



Winners for the costumes are:

**Kindergarten**

- Emmett
- Emberleigh
- Mason
- John O.

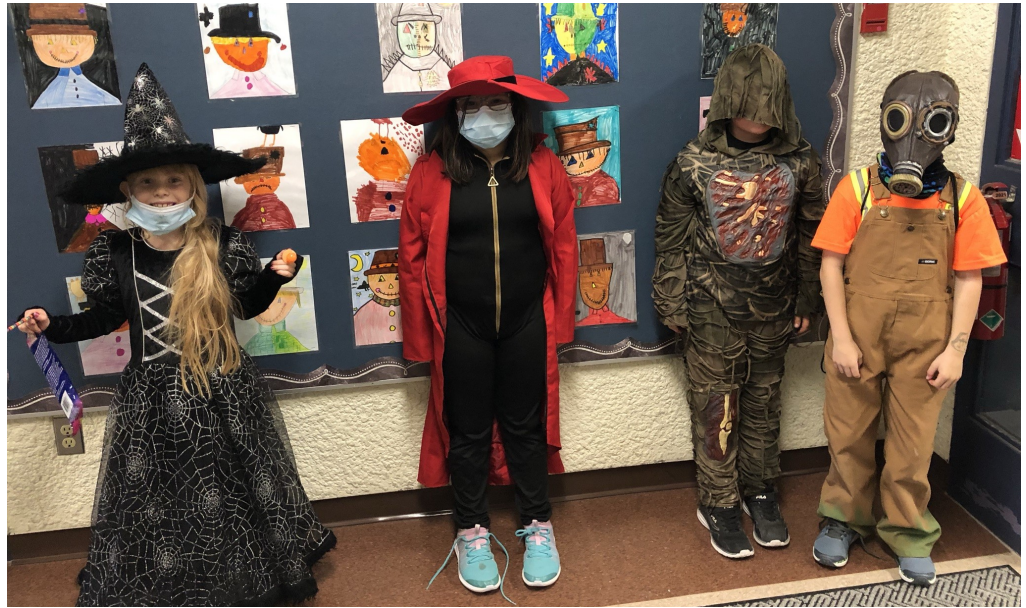
**Grade 1/2**

- Evy
- Hanna
- Kenna
- Liam





# Halloween was spooktacular!



Winners for the costumes are:

**Grade 2/3**

- Morley Gabriella
- Kaycie
- Ryder H.

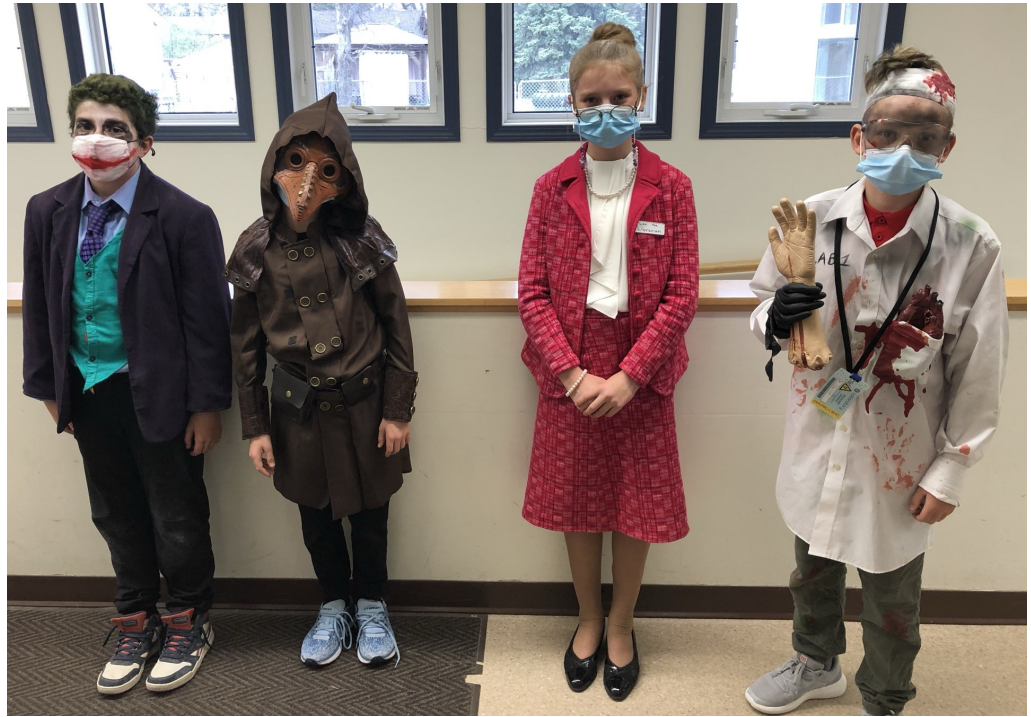
**Grade 4/5**

- Kohen
- Thomas M.
- Macey
- Braxton





# Halloween was spooktacular!



Winners for the costumes are:

**Grade 5/6**

Alexa  
Bronsen  
Owen  
Quinn

**Grade 7/8**

Tyler  
Summer  
Laticia  
Dallas





## Balmoral School's Parent Advisory Council

The Balmoral PAC has created an online survey for parents/families. Please follow the link below to complete the PAC survey:

<https://www.surveymonkey.com/r/3YZDHDZ>

The deadline for responses is Nov. 30th.



Parent Involvement Matters!

