



Balmoral Bugle

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November 2020

Dates To Remember:

Dec. 1 - PAC Meeting @ 6:30pm
Dec. 4 - Inservice Day
Dec. 7 - Inservice Day
Dec. 10 - Report Cards go home
Dec. 18 - Last Day of School.
Dec. 19 - Jan. 06 Vacation
Jan. 4 - Classes Resume Day 4



Principal's Message:

Happy November!

There has been lots of excitement and learning at Balmoral School.

November is an exciting month for Balmoral School. The staff and students are celebrating "November Numbers." Classrooms are engaging in numeracy activities throughout the month to celebrate a love of math, numeracy and numbers.

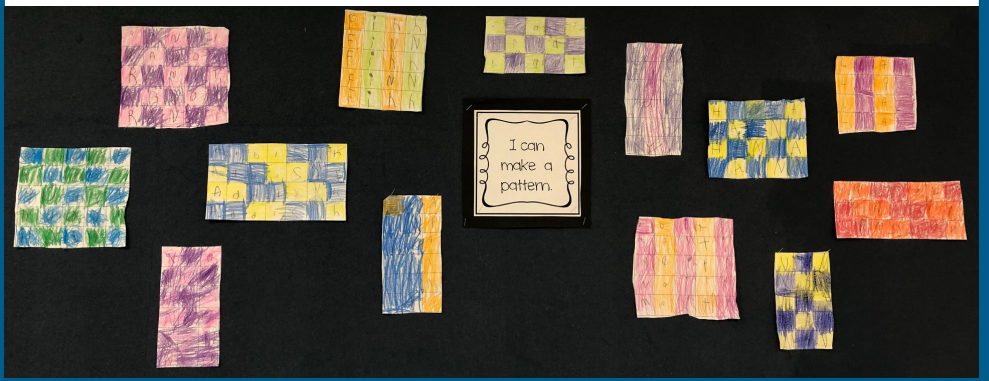
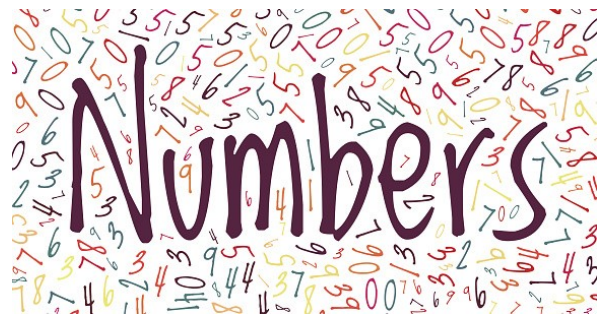
Remembrance Day was commemorated on November 10th with a school video that included poems, artwork and speakers from each classroom.

Report cards are being worked on and will be going home on December 10, 2020. If you have questions about students progress please reach out to your child's teacher.

With the current health situation, the school is planning for an alternate format instead of an in person holiday concert. Classrooms will be creating videos to put together to be shared with the school community.

The school hopes everyone is staying healthy and well. Enjoy the snow, and stay safe.

Thanks,
Mark Lawson



FIVE WAYS TO IMPROVE YOUR MOOD

November can be a tricky month; the days are noticeably shorter and the temperatures are getting colder. When we have these seasonal changes, we may notice a change in our mood. Here are five easy ways to improve your mood that are simple yet very rewarding.

1. **Give something back.** You might not feel your best right now, but it has been proven that moods can improve with random acts of kindness: helping someone with a chore, presenting a friend with a small gift or writing that note of appreciation you have been meaning to send.
2. **Get moving.** Whether it is taking a walk around your neighbourhood, dancing to your favourite tunes, or raking leaves or shoveling snow, exercising improves your physical and mental well-being.
3. **Remove that frown.** Read a funny book or do something that feels silly; a smile can improve your mood, confidence and the way others see you.
4. **Stay positive.** Instead of dwelling on what is wrong, or what you feel is wrong, get into the habit of positive self-talk. Remember, the way you think affects the way you feel.
5. **Give yourself some credit.** List your achievements on a piece of paper, and then take some time to be proud of what you have accomplished.

The best option when all else fails? Talk to someone. Whether it is a parent, friend, or older sibling, contact with other people gives you a chance to talk through what is bothering you and lighten your mood.

Bus Evacuation

On October 20, 2020 the students were involved in a bus evacuation drill.

This procedure is performed twice a year to teach students the proper way to evacuate in case of an emergency situation.



New Crosswalk in town

There is a nice new crosswalk that was installed the last week in October in Balmoral. This was a long time coming and thanks to the hard work of Mr. Craig Lamm it was finally a reality. Be sure to use the crosswalk, press the button the lights flash and wait for cars to stop before crossing the road. Thank you!

Ms. Loehmer-Kindergarten

Lasst month in kindergarten we learned all about pumpkins. In science we learned about the life cycle of pumpkins. In math, we compared pumpkins based on size and weight, and used them to sort and more patterns. In art, we used shapes we know to make monsters for Halloween. In music, we listened to the spooky song *Danse Macabre* and drew pictures to show how the music made us feel.



Evy and Addisyn weigh their pumpkins.



Finn and Liam measure their pumpkins.



Danika made a shape monster.



Br

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Grayson decorated a pumpkin.

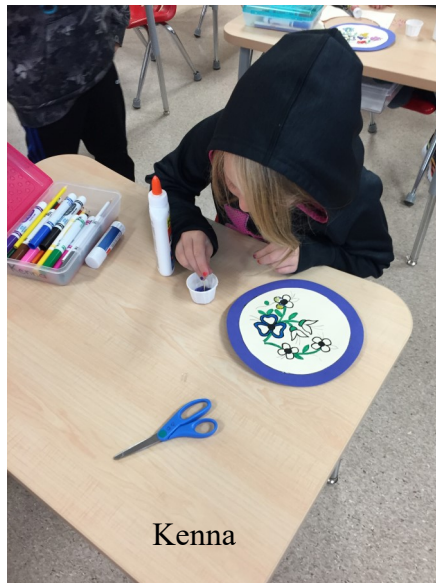


Autumn is a season with so much colour, and after reading *Fancy Nancy* and *the Fall Foliage*, the Grade 1/2 class had the perfect inspiration to write a poem about leaves. It is truly *spectacular* to see the students use words like *twirling*, *blanketing*, and *burgundy* to describe leaves. The class then got a *stupendous* idea to do something *unique* with the beautiful leaves that we found. The students used the leaves to create a variety of *adorable* animals.

The Grade 1/2 class started their Canadian study in the province of Manitoba. They learned about The Metis and enjoyed creating some beading work.



Kaycie



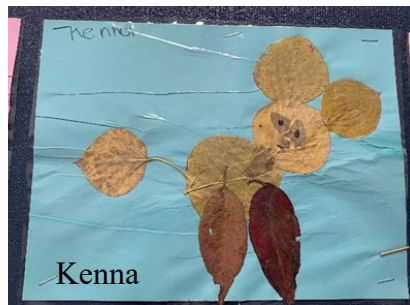
Kenna



Ryder and Eric



Merida and Liam



Kenna



Ryder



Doyle



Kylie

Mrs. Buchan's Grade 1 classroom**Ms. Poirier Grade 3/4 classroom**

The Grade 3/4 class had a busy October! We started to build a connection with students in Bridgewater, Nova Scotia through pen pal letters. Students are eager to receive replies back. Through these letters, we hope to learn more about what life is like in Nova Scotia compared to Manitoba. We started our T.U.S.C (Totally Unbelievable Speaking Club) program where students get the chance to complete and present different 'jobs' to their classmates. These jobs include demonstrating something, showcasing an artistic talent, taking pictures of our class mascot, etc. We had our first meeting at the end of the month and it went very well! To end the month off, students each received a gourd as inspiration for writing. Students created a Halloween creature out of their gourd which then served as the main character in their Halloween stories!

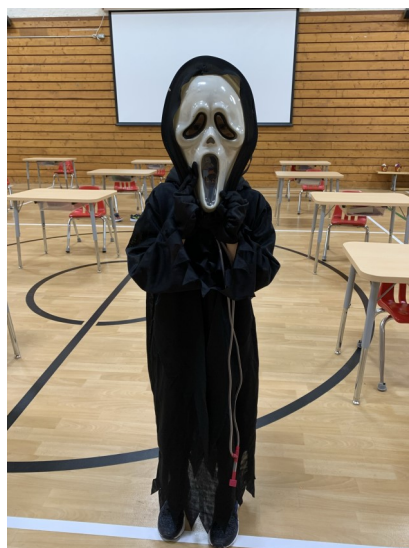


Our class holding up their pen pal letters – all ready to mail out!

Halloween was spooktacular!

Winners for the costumes are:

- Kindergarten
- Danika
- Grayson
- Grade 1/2
- Merida
- Morley
- Grade 3/4 Soutter
- Coral
- Owen



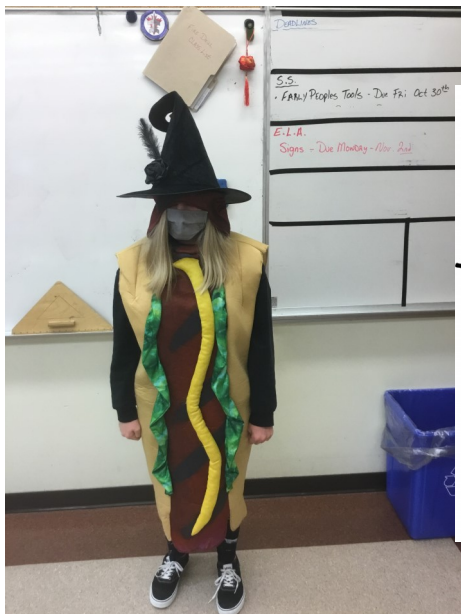
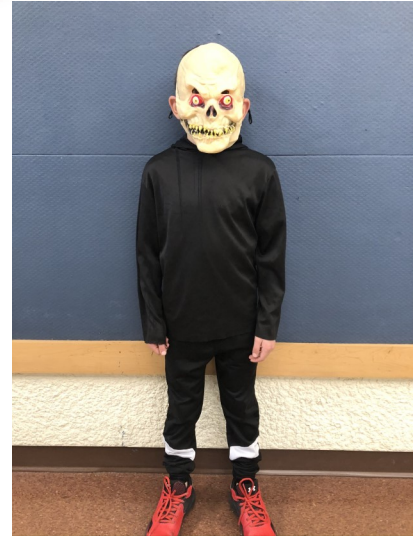
Halloween was spooktacular!

Winners for the costumes are :

Grade 3/4 Poirier
Kardyn
Dominic

Grade 5/6
Connor, Kade, Bronsen
Ella

Grade 7/8
Elisabeth
Summer
H.M. Hilton the old man



Balmoral School Remembers.....

